

People – Plants – Place



Blending Ecology, Beauty, and Spirit

Land stewards of today are recognizing the value of traditional cultural practices to manage gardens and landscapes that are resilient and beneficial to wildlife and people. These methods, along with native plants, sustain life and enhance physical and spiritual health. Discover how professionals and home gardeners alike are designing spaces that restore ecology, community, and balance while also rejuvenating the soul.

8:30–9AM: Registration/Continental breakfast

9–9:15AM: Welcome

**9:15–10AM: Jared Rosenbaum
Wild Plant Culture: Restoring
Our Relationship with Nature**



Native edible and medicinal plant species can be integrated into gardens and ecological restoration projects to create habitats that include people as integral members of local ecosystems. Learn how

the approaches to stewarding environments such as riparian corridors and glades can translate to yards, parks, and farms resulting in sustainable landscapes of richness and beauty.

Jared Rosenbaum is a botanist, Certified Ecological Restoration Practitioner, and a founding partner of Wild Ridge Plants, which grows local ecotype native species. He is the author of Wild Plant Culture: A Guide to Restoring Native Edible and Medicinal Plant Communities and host of the YouTube series Rooted Plant Videos.

**10–10:45AM: Nohham Cachat-Schilling
Reciprocity and a Return to Belonging**



Traditional Ecological Knowledge, the sustainable practices and lessons of Indigenous people, derives from millennia of living in reciprocity with “Our Mother,” Earth, a relationship that shaped the land. Discover how “treading lightly” and other traditions that helped to form the rich landscape guide the restoration and healthy preservation of biodiversity.

Nohham Cachat-Schilling is Medicine Elder for Bridge-in-the-Sky Medicine Circle, researcher for Oso:ah Foundation, chair of Massachusetts Ethical Archaeology Society, former horticulturist with the Native Plant Trust, and a contributing author to Our Hidden Landscapes: Indigenous Stone Ceremonial Sites of Eastern North America.

10:45–11AM: Break

**Snow date: Friday, March 21.
Program subject to change.**

**11–11:45AM: Jan Johnsen
Serenity by Design**



Outdoor spaces, including gardens, patios, paths, and front entries, can be areas of serenity, places to relax and enjoy a feeling of well-being. Find out some little-known scientific facts and ancient ideas for designing meditative areas such as determining a power spot on your property, shaping walkways to encourage movement, and which species is considered the “tree of peace.”

Jan Johnsen is an award-winning landscape designer and co-principal of Johnsen Landscapes & Pools. Her designs blend current and traditional approaches learned from studying and working in Japan, Hawaii, and Kenya. She is the author of Floratopia, Gardentopia, Heaven Is a Garden, and The Spirit of Stone and writes an online newsletter, Gardentopia.

**11:45AM–12:30PM: Shanti Nagel
Creating Urban Landscapes for
Ecological & Community Well-being**



Explore how dignity, health, and joy can be cultivated by bringing the beauty of the natural world into public places. Find out how to use native plants as healers and teachers to reinvigorate communities.

Shanti Nagel is founder of Design Wild, a landscape design firm working at the intersection of climate, people, and collective well-being that creates resilient gardens in extreme urban environments, public spaces, affordable housing, and private residences throughout New York City and the Hudson Valley.

**12:30–1PM: Wrap-up, book signing,
networking**

REGISTER BY MARCH 13

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3 LA-CES, others pending**